Middle School Breakfast Menu September 2023

Meal Price: Paid: \$2.75

Adult Breakfast Meal: \$2.78+tax

More Info...

Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)

Daily Fruit Offerings: Apple, Orange, Banana,100% Apple Juice or 100% Fruit Punch

Available Daily:

- Fresh Baked Muffins
- Fresh Baked Donuts
- WG Cereal or WG Cereal Bars

Please Note: (WG) denotes whole grain,

(P) denotes item may contain pork

Grades K-12 are offer vs serve and must choose at least 3, up to 4, of the below mentioned items. One of the items <u>must</u> be a fruit.

- Grain (all grain offerings count as 2 items)
- Fruit (must pick 1)
- Milk (pick up to 1)



Indicates a fresh produce.

Denotes item prepared from scratch or speed scratch.

FREE LUNCH WEEK! SEPTEMBER 11th – 15th

No School Summer Recess

A

No School Summer Recess 5

Chocolate Filled Crescent Bagel with Cream Cheese or Butter Bacon (P) or Sausage (P), Egg & Cheese on Bagel ✓ Fruit of the Day Milk of the Day 6

Turkey Pancake Wrap
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

7

WG French Toast Sticks
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

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Sausage (P) Biscuit
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

44

WG Pancake Bites
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

12

Chocolate Filled Crescent
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

13

Turkey Pancake Wrap
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

14

WG French Toast Sticks
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

15

Sausage (P) Biscuit
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel

Fruit of the Day

Milk of the Day

18

WG Pancake Bites
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

19

Chocolate Filled Crescent
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

20

Turkey Pancake Wrap
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

21

WG French Toast Sticks
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

22

Sausage (P) Biscuit
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

25

No School Yom Kippur 26

Chocolate Filled Crescent
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

27

Turkey Pancake Wrap Bagel with Cream Cheese or Butter Bacon (P) or Sausage (P), Egg & Cheese on Bagel ✓ Fruit of the Day Milk of the Day 28

WG French Toast Sticks
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

2

Sausage (P) Biscuit
Bagel with Cream Cheese
or Butter
Bacon (P) or Sausage (P),
Egg & Cheese on Bagel
Fruit of the Day
Milk of the Day

